

Phrygian Handout

1 C IONIAN 2 E Phrygian

T
A
B

3 5 2 3 5 2 4 5 | 5 7 8 5 7 4 5 7

Fig1 – C Ionian and E Phrygian

1

T
A
B

3 4 6 3 5 6 3 5 | 3 5 6 3 5 6 3 5

Fig 2 – C Phrygian

Fig 3 – C Natural Minor

1

T
A
B

0 1 3 1 3 5 3 5 6 1 3 5 2 3 5 4 5 6 2 3 5 4 5 6

C Min Db Maj Eb Maj F Min G Dim Ab Maj Bb Min C Min

Fig 4 – Triads in C Phrygian

1

T
A
B

2 3 5 3 5 7 5 7 8 2 3 5 3 5 7 5 7 8 3 5 7 5 7 8

A Min Bb Maj C Maj D Min E Dim F Maj G Min A Min

Fig 5 – Triads in A Phrygian

1

F#5 G5 A5

T
A
B

4 5 7
2 3 5

Fig 6 – Jam Track 1 Chords

1

C Min7 Db Maj7 Eb Dom7 F Min7 G Half Dim Ab Maj7 Bb Min7 C Min7

T
A
B

4 6 8 9 11 13 14 16
3 5 6 8 10 12 13 15
5 6 8 10 11 13 15 17
3 4 6 8 10 11 13 15

Fig 7 – 7th Chords in C Phrygian

1

F# Min7 E# Halfdim D# Min7 A# Min7 B Maj7

T
A
B

9 11 10 11 9
9 8 9 8 8
6 7 6 6 6
6 7 8 8 9

Fig 8 – Jam Track 2 Chords